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MIGUEL DE ARMAS QUARTET FT. JANE BUNNETT & AMADO DEDÉU GARCÍA
ATLANTIS JAZZ ENSEMBLE · HARRIS EISENSTADT OLD GROWTH FOREST
SIENNA DAHLEN'S ICE AGE PARADISE · TONY WILSON & A DAY'S LIFE BAND
THE 33⅓ PLAY PRINCE · WINTER JAZZ JAMS & MORE!

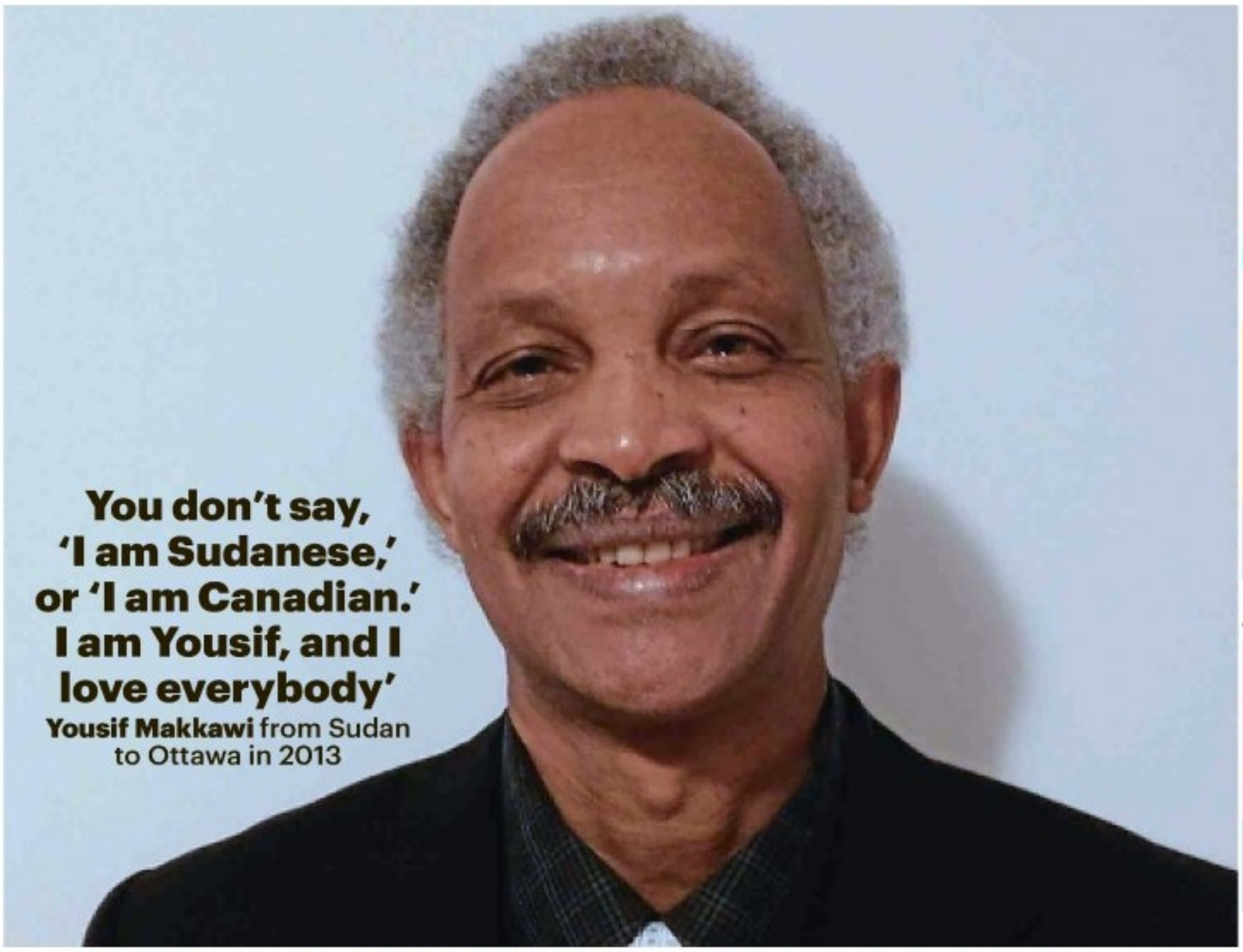
Ottawa metro

WAGE LOVE!

Your essential daily news | A special edition | WEEKEND, FEBRUARY 3-5, 2017

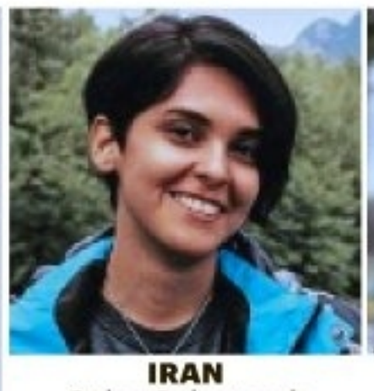
NOT BANNED HERE

With so much division and hate in the world, these immigrants and refugees are waging love, not hate — in all of Metro's cities Canadawide



You don't say, 'I am Sudanese,' or 'I am Canadian.' I am Yousif, and I love everybody'

Yousif Makkawi from Sudan to Ottawa in 2013



IRAN
Golsa Golestaneh

SOMALIA
Osman Ali

SYRIA
Abdalah Ahmad Al Ahmad

LYBIA
Eiman Zarrug

IRAQ
Hani Al-Ubeady

YEMEN
Omar Al-Emrani

QUEBEC MOSQUE SHOOTING
'WE WILL RISE FROM THIS DARKNESS STRONGER' metroNEWS

SOMETIMES LOVE MEANS SAYING SORRY
(THESE PEOPLE NEED TO APOLOGIZE) metroVIEWS

OSCAR SPEECHES WON'T CHANGE THE WORLD — DOCS WILL
metroLIFE

metro NEWS
Your essential daily news

Good news: Canada's Shubenacadie Sam predicts an early spring.

5 COOL THINGS TO DO IN THE CITY

This weekend is ripe with wintertime fun, ranging from music festivals and Winterlude, to snow sculptures and a beer festival. Or if you'd rather stay indoors, check out the Wakefield Doc Fest. Here's a rundown of all the details you need to make the most of your weekend. **HALEY RITCHIE** METRO

1 Sub zero concerts

The Ottawa winter festival that scarcely need speak its name returns this weekend, with a free kick-off party in Confederation Park that includes the return of the Sub Zero concert series. Coleman Hell and DJ Karim Ouellet will headline Friday's concert, which starts at 7:30 p.m. On Saturday Karim Ouellet will take the stage again with DJ Carl Müren. That's a 7:30 p.m. start, too.

2 Snow sculptures

After you've seen the ice sculptures in Confederation Park, tour all the snow sculptures on display around town during Byward Blizzard in the market and Snowmania in the Glebe. On Saturday, the 2017 National Snow Sculpture Rendezvous will involve artists from five regions of Canada, as they compete for the top prize. The awards ceremony takes place at 4 p.m. in Jacques-Cartier Park.

3 Wakefield Doc Fest

Head to Wakefield for a weekend of documentary film. This weekend, The Eagle Huntress will be shown at 1 p.m. on Saturday, Putuparri and the Rainmakers will screen at 4 p.m. on Saturday and Sunday, and So That You Can Stand will screen at 7:30 p.m. on Saturday and 1 p.m. on Sunday. The Saturday Matinee Series theme is HUMAN/NATURE. Tickets are $15 for adults.

4 Winterlude: Week 1 miscellany

If frigid-air concerts aren't your thing, there are plenty of other Winterlude options. Things get busy right away on this the first of the festival's three weekends: a winter triathlon, free pancakes at city hall and the winter playground of Snowflake Kingdom in Jacques-Cartier Park. Don't forget ice sculptures, dog sledding, skating and music. The entire schedule for events is available on the Government of Canada website.

5 Winter Beerfest

On Friday and Saturday from 5 p.m. to 1 a.m. the Gatineau Winter Beerfest will take place at the Canadian Museum of History. The sixth annual festival gives you a chance to try beers from across Quebec and Ontario. Belgian beers will be making a guest appearance along with a new oyster bar.

GOVERNMENT

City gets cut of climate funds

Ryan Tumilty
Metro | Ottawa

The federal government announced funding Thursday to help municipalities deal with rising flood waters, higher fuel costs and an increased risk of forest fires.

Split between two programs that will both be managed by the Federation of Canadian Municipalities (FCM), the $125 million is meant to help municipalities do flood mapping and mitigation and to find ways to reduce greenhouse gas emissions in their fleets.

"By enabling municipalities to plan, build and maintain their infrastructure most strategically, communities will be better positioned to make their infrastructure dollars go further with a lighter environmental footprint," Minister Amarjeet Sohi said in announcing the funding.

Many Canadian big cities have started work on these kinds of programs, but Sohi said that some are further ahead than others and that this funding will help municipalities match their peers.

FCM president Clark Somerville said municipalities manage most of the country's infrastructure and they will have to deal with adapting it to a changing climate.

"They are also on the frontlines of climate change and must cope with increasingly extreme weather from floods to droughts to heavy rains and ice storms."

Ottawa Coun. David Chernushenko said there is a lot the city could use this new funding for.

"We're particularly well placed with, if not detailed plans, than a strong list of priorities," he said.

He noted the city has a climate-change strategy, with work already underway on renewable energy.

"Nobody wants us to suddenly just make things up because there is money being dangled."

He said this funding could help move plans for replacing the city's fleet with greener vehicles or adding more renewable power to buildings.

"Money like this could help to do that earlier and begin reaping those benefits."

POLICE

Driver who pushed cyclist on Bronson Avenue charged

The driver in a video that captured a confrontation between a cyclist and a motorist has been charged, according to Ottawa Police.

Earlier this month a video was posted online that shows cyclist Victor Jung using his bike as a shield while a grey car pushes him down Bronson Avenue.

Police are describing the confrontation as "road rage" and have charged Patrice Lepage, 47, of Gatineau with dangerous operation of motor vehicle, assault and mischief under $5,000.

Lepage has been released and will appear in court.

The incident took place on Jan. 11 at Bronson Avenue and Slater Street. In the video the car continues to advance on Jung during the entire 39-second running length while Jung is heard yelling "No!"

The witness behind the camera, who is apparently in another vehicle, can he heard saying, "No, you can't be doing this."

The video does not show what events may have led to the confrontation.

When the video was first posted, Ottawa Police said they were seeking witnesses. Police eventually said the incident had been investigated and the "complainant did not wish to pursue charges."

Victim Victor Jung told Metro that he was discouraged from pressing charges, but the final decision was a misunderstanding. In the end the case was reopened at his request. Police used video evidence and witness statements to press charges.

Jung said he was pleased the man had been charged, and said he hopes Lepage pleads guilty.

"There's definitely some relief," he said. "The video footage and the witnesses that were there really helped as well."

Jung said he's reported similar incidents before in Quebec and Ontario, but he's always felt "brushed off."

He said people sympathizing with the driver shouldn't make assumptions about the incident.

"It's ignorance, they simply don't know," he said.

According to police, the verbal confrontation started on Bronson Avenue before Slater, but escalated at the intersection. Jung dismounted his bicycle, planting it in front of the vehicle in order to continue the exchange of words.

The driver, Lepage, continues to move forward in the public video captured by a witness. Police say at one point Lepage exited his vehicle, grabbed the bicycle and threw it to the ground. He then slapped Jung in the face.

METRO

INFRASTRUCTURE

Money flowing too slowly: Watchdog

Ryan Tumilty
Metro | Ottawa

The parliamentary budget officer is concerned that the federal government's massive infrastructure funding isn't moving out the door quickly enough.

The government announced last week it would spend nearly $200 billion over the next decade on infrastructure projects across the country.

The first phase included $13.6 billion earmarked for projects that could get underway and put people to work quickly. But budget officer Jean-Denis Fréchette found only $4.6 billion of that money has been committed.

Infrastructure Minister Amarjeet Sohi said that he's confident the money is flowing and that the government had to work out a deal with provinces, but the money is definitely being put to good use.

"Since taking office, I have personally signed off on close to 1,200 projects from coast to coast to coast," he said.

Jean-Denis Fréchette
THE CANADIAN PRESS

Fréchette cited government projections that the additional spending would lead to job creation and GDP growth, but said they weren't providing the information to support that.

Sohi said he is confident projects will get underway soon, showing the value of the government's investment. He also said that deadlines are in place to make sure the money is spent.

"Everything that has been allocated in budget 2016, proponents have to complete those projects by March of 2018 unless there are exceptional circumstances."

CRIME

City investigating its first homicide of year

Haley Ritchie
Metro | Ottawa

Ottawa has recorded its first homicide of 2017 after a 24-year-old man was stabbed to death Thursday morning.

Police responded to a home in the 1100 block of Joseph Cyr St. at 5:30 a.m. and found the male victim.

Const. Marc Soucy, a spokesperson for the Ottawa police, said the investigation is in its early stages. "There are several witnesses and our investigators are speaking to them," he said. "As far as suspects, I have no information,"

The man was rushed to hospital with life-threatening injuries, but did not survive.

Anyone with any information is being asked to call the Ottawa Police Major Crime Unit at 613-236-1222, ext. 5493, or Crime Stoppers at 1-800-222-8477

University of Ottawa Gee-Gees men's hockey head coach Patrick Grandmaitre knows what it's like to be part of a family dealing with mental-health issues. ADAM KVETON/FOR METRO

Rival teams showing love for a good cause

WAGE LOVE!

Gee-Gees take on Ravens in first 'Do It For Daron' game

Adam Kveton
For Metro | Ottawa

"When you lose somebody, you don't want him to be forgotten, and you just try and do your best."

Several years after the death of his older brother, that's a mission Patrick Grandmaitre is still dedicated to.

Last year, Grandmaitre, head coach of the University of Ottawa Gee-Gees men's hockey team, launched a new partnership between the hockey program and Do It For Daron, the mental-health advocacy group named for Daron Richardson, the late daughter of former Ottawa Senators player and assistant coach Luke Richardson.

And last night, the Gee-Gees took on their crosstown rivals, the Carleton Ravens, at the Minto Sports Rink, in the first DIFD-associated game between the two teams. There was an information booth and DIFD stickers on both team's helmets. All 50/50 proceeds went to the charity's work with the Royal Ottawa's Mental Health Centre.

The event serves as part of the legacy of both Daron Richardson, and Jean-Eric Grandmaitre.

> **I'm just trying to do my best to honour him and honour the time that he was around.**
> Patrick Grandmaitre

"Both of our stories are different but similar at the same time," said Patrick.

Daron Richardson committed suicide in 2010. For her family, it was a terrible and sudden shock, while Jean-Eric's battle with mental health had been long and open, Patrick said.

"I'm just trying to do my best to honour him and honour the time that he was around," he said.

"We had a pride night a couple weeks ago. My brother was openly gay, and that too is a cause that I am proud to support."

1 IN 3 people experience a mental health problem in their lifetime.
Be prepared to help them by taking Mental Health First Aid Training.
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sja.ca

If You Bought Sylvania Automotive Lighting You Could Get Money from a Class Action Settlement

Detailed information and updates are available on the Settlement Website:

www.autolightclaims.ca

A Canada-wide Settlement has been negotiated in class actions relating to the marketing and sales of Osram Sylvania Premium Automotive Lighting. This Settlement has been approved by the Courts and will provide benefits to purchasers of the following "Covered Products":

SilverStar ULTRA, SilverStar, XtraVision, or Cool Blue replacement headlight capsules	SilverStar, XtraVision, or Cool Blue sealed beam headlights	SilverStar fog or auxiliary lights

ARE YOU INCLUDED?
You may be a Class Member if you purchased a Covered Product in Canada from September 22, 2005 until December 31, 2014.

WHAT IS THIS CASE ABOUT?
The lawsuits claim that Osram Sylvania, Inc., Osram Sylvania Products, Inc. and Osram Sylvania, Ltd. ("Sylvania") misrepresented that certain replacement automotive lighting is brighter, provides a wider beam and allows drivers to see farther down the road than standard halogen lighting. It also claims that Sylvania omitted material information regarding the reduced life of the replacement lighting. Sylvania denies that it did anything wrong. The Courts did not decide which side was right. Instead, the parties have decided to settle.

WHAT DOES THIS SETTLEMENT PROVIDE?
A Settlement Amount of not less than CDN $1,150,000 (the "Settlement Fund Minimum") and not more than CDN $1,750,000 (the "Settlement Cap Maximum") is intended to pay claims to eligible Class Members, Notice Costs, Claims Administration Fees and Expenses, Class Counsel Fees and Expenses, and Honorarium Awards to the Representative Plaintiffs. In addition, Sylvania has also modified certain product(s) packaging. Full details about the Settlement are available on the Settlement Website at **www.autolightclaims.ca**.

WHAT TYPE OF COMPENSATION CAN YOU RECEIVE?
Individual Class Member may qualify for Compensation for one of the following, irrespective of how many products have been purchased:

Covered Products	Initial Amount	Maximum Amount
SilverStar ULTRA, SilverStar, XtraVision, or Cool Blue replacement headlight capsule	$12.00	$24.00
SilverStar, XtraVision, or Cool Blue sealed beam headlights	$12.00	$24.00
SilverStar fog or auxiliary lights	$12.00	$24.00

For each Claimant who submits a valid Claim, payment as described above will be issued[1], so long as providing such Compensation does not exceed the Settlement Cap Maximum. If providing each Claimant with such Compensation will exceed the Settlement Cap Maximum, then in such circumstances each Claimant's Compensation will be reduced on a *pro-rata basis*.

HOW DO I ASK FOR A PAYMENT?
To receive Compensation, eligible Class Members must submit a Claim Form to the Claims Administrator through the Settlement Website, by email, or by mail sent no later than **May 4, 2017**. The Claim Form only takes 3-5 minutes to complete. No proof of purchase is necessary.

WHEN SHOULD I MAKE A CLAIM?
Immediately - the Claim Form is already available on the Settlement Website at **www.autolightclaims.ca** or you can obtain one by contacting the Claims Administrator at **1-855-745-7374**. You should act as quickly as possible, a Claim Deadline has been set for **May 4, 2017**.

WHAT HAVE THE COURTS DECIDED?
The Ontario Superior Court of Justice and the Superior Court of Québec have approved the Settlement as fair, reasonable and in the best interests of Class Members. The Courts have also approved a request from Class Counsel for counsel fees, disbursements and taxes, as well as, honorarium payments to the Representative Plaintiffs.

WHAT ARE YOUR OPTIONS?
If you are a Class Member, you may (1) send in a Claim Form; (2) exclude yourself (Opt-Out); or (3) do nothing.

If you don't want to be legally bound by the settlement, you must opt-out. To do so, you must complete and submit an Opt-Out Form to the Claims Administrator by no later than **March 20, 2017**. The manner in which you opt-out is available on the form found on the Settlement Website. Residents of Québec must in addition give notice to the Clerk of the Superior Court of Québec. Anyone who opts out will not be bound by the Settlement Agreement and will not be eligible to claim benefits under the Agreement, but may be eligible to pursue an individual claim.

WHEN WILL I BE PAID?
Cheques will only begin to be mailed to eligible Class Members for Compensation at the earliest starting on July 3, 2017.

HOW CAN I GET MORE INFORMATION?
This Notice summarizes the proposed Settlement. More details are in the Settlement Agreement. You can get a copy of the Settlement Agreement and detailed information on how to obtain or file a Claim or Opt-Out on the Settlement Website at **www.autolightclaims.ca**. For any other information, please call the Claims Administrator at:

Bruneau Group Inc.
Nelson C.P. 20187 – 322 Rideau St.
Ottawa, Ontario K1N 5Y5
Tel: **1-855-745-7374**
Email: **info@autolightclaims.ca**

WHO REPRESENTS ME?
Class Counsel, or the law firms representing the Plaintiffs, are the following:

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jorenstein@clg.org

Consumer Law Group Inc.
1030 rue Berri, Suite 102,
Montréal, Québec H2L 4C3
agrass@clg.org

[1]less the withholding owing to the *Fonds d'aide aux recours collectifs* (for Quebec residents only and if applicable).

This Notice has been approved by the Ontario Superior Court of Justice and the Superior Court of Québec.

The faces of love

Immigrants and refugees across the country tell Metro what they love about Canada, and how to spread love across the world. **METRO CANADA**

Halifax's Abdalah Ahmad Al Ahmad

1 SYRIA - ABDALAH AHMAD AL AHMAD

Syrian refugee Abdalah Ahmad Al Ahmad arrived in Halifax with his wife and five kids last February. Their children had no access to schooling for the almost four years they stayed in Lebanon, so they were "thrilled" to come to Canada.

When asked about how to best spread the love during troubled times, Al Ahmad pauses and smiles. The best way to spread more love, he believes, is for Canadians to just keep doing what they're doing.

"Keep doing exactly what you're doing now. The most beautiful thing I noticed here in Canada is whenever you look at anyone you always find a smile on their faces... Just do that."

2 YEMEN - OMAR AL-EMRANI

Calgary's Omar Al-Emrani

A decade has passed since Omar Al-Emrani left his home in Yemen after being offered an engineering scholarship at the University of Calgary.

Just one year into his new life in Canada, a 19-year-old Al-Emrani took a friend up on the strange offer to hitchhike to Vancouver.

"Along the way we were picked up by four different people," he said.

"I was always curious to ask them — why? Why would you pick people up? But they all shared one thing: their eagerness and interest to learn about different people and different cultures and just sharing the love for humanity." In the end he got to know the country he now considers "home."

Winnipeg's Hani Al-Ubeady

3 IRAQ - HANI AL-UBEADY

Hani Al-Ubeady left Iraq 26 years ago to find the personal freedom and peace he says he now has in Canada.

"I chose Canada, and I think it was based on a gut feeling. Canada is a country of immigrants, built by immigrants," he said. "It's a country I can belong to."

Al-Ubeady said he started a new life when he came to Canada. It's now his home — a place where he could pursue his goals without persecution.

"It is our country without any hesitation," he said. "Canada is an inclusive society with a few incidents. Now, I have children born here. They are proud to be here... We won't let hate shake us down."

4 SUDAN - YOUSIF MAKKAWI

Ottawa's Yousif Makkawi

The way to spread more love in the world is for people to think of themselves as individuals, and not as members of a country or race. That's the advice of Yousif Makkawi, winner of the 2016 Outstanding Volunteer Award from the Ottawa Regional Cancer Foundation, director of the Sudanese-Canadian Association of Ottawa and member of the African Canadian Association of Ottawa.

Asked how to spread more love in, he said, "(People) should think of themselves as who they are. … You don't say, 'I am Sudanese,' or 'I am Canadian.' I am Yousif, and I love everybody."

Vancouver's Golsa Golestaneh

5 IRAN - GOLSA GOLESTANEH

Golsa Golestaneh, 19, came to Vancouver in 2012 with her family, as government-assisted refugees. They fled from Iran, where her politically active parents were persecuted after mass protests in 2009.

"If they were arrested again, they would probably not survive," she said.

What carried Golestaneh through their escape was "love," she said, which she found in refugees' openness and understanding for others."As a refugee, love is the basis of our society," she said.

Now, "love," to her, "looks like community."

6 SOMALIA - OSMAN ALI

Toronto's Osman Ali

As a 20-year-old refugee arriving from Somalia in 1978, Osman Ali thought nothing was going to be easy.

He had nothing, and he knew no one in the country. But he was amazed at how friendly and welcoming people were. "It was easy to fall in love with Canada," he said. "You couldn't have wished to live anywhere else."

As he went through the immigration process, and later studied and started his own family, he continued to appreciate the country's multiculturalism and the sense of diversity he sees. "Canada is you and me. That's really what I like."

Toronto's Eiman Zarrug

7 LIBYA - EIMAN ZARRUG

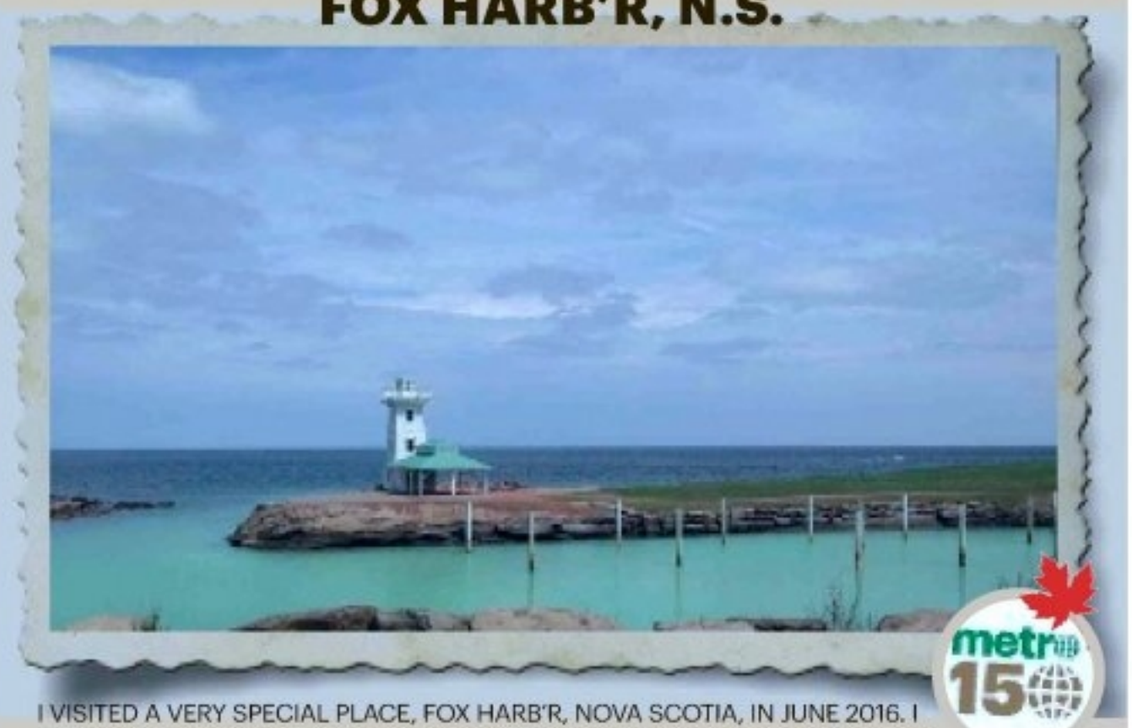
Her parents left Tripoli when she was only four months old, and Eiman Zarrug lived in London, England, before coming to Canada when she was eight.

"The difference was like night and day," she said, remembering being fascinated by the ability to find Ethiopian food or a Chinese restaurant. While her background made it a challenge to "fit in" in Europe, it felt like an advantage in Canada. "Being different was comforting," she said. "If you ask me where I'm from I'll tell you that I'm Canadian before going into details of what's written on my passport."

150 WAYS of looking at Canada

POSTCARD #3

FOX HARB'R, N.S.



I VISITED A VERY SPECIAL PLACE, FOX HARB'R, NOVA SCOTIA, IN JUNE 2016. I WAS SURROUNDED BY THE POWERFUL OCEAN AND A BEAUTIFUL RESORT, BUT I ALSO HAPPENED TO DISCOVER THIS STUNNING LIGHTHOUSE WHEN I WENT WALKING. IT'S PROBABLY THE MOST SPECTACULAR SCENE FROM MY TREKS ACROSS CANADA. **LESLEY-ANNE SCORGIE, TORONTO**

SEND US YOUR POSTCARD Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. You can get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. You can email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

ByWard Market
BLIZZARD

26th Annual Stew Cook-Off
with Henry Burris
William Square, York Street, Friday Feb 3, 11:30 am - 2 pm
All you can eat stew for $10 at the door!
All proceeds going to charity

2nd Annual ByWard Market Server Games
Clarence Street, Sunday Feb 12, 1 pm - 4 pm
Teams from ByWard Market restaurants, bars, and cafés compete for the title of server champions!

Shake off the Cold
From Friday, Feb 3rd right through to Monday, Feb 20th
Various establishments
Dance away the cold to hot beats in the ByWard Market!

ByWard Beats
ByWard Garage, 70 Clarence Street loading bays
Fridays and Saturdays during Winterlude, 7:30 pm - 10:30 pm
Shake off the cold and get into the groove with local DJs in this urban space!

Snow'Art
Snow Sculptures in the ByWard Market

For more events and specials during Winterlude in the ByWard Market
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February 26

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†Savings of up to $1000 per couple is applicable to Casa Marina Reef Resort, for departures March 3, 17, 24 & 31, 2017. Savings reflected in advertised price. Sun Kissed Sale is valid on new bookings from February 3 to 28, 2017, for travel until April 30, 2017. **Flights are from Ottawa** via Air Transat in economy class. Prices shown are per person, based on double occupancy in lead room category, unless otherwise stated, including applicable taxes & fees. Prices advertised are valid February 3 to 5, 2017 only. *Hertz full-size car for 7 days included. Limited seats available at prices indicated: 20 per departure. For full descriptions and terms and conditions refer to transat.com. Transat is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Quebec (Reg # 754241) with offices at 300 Léo-Pariseau Suite 500, Montreal, QC H2X 4C2. The Transat Travel Gift Card is issued by the Home Trust Company. Transat Travel is a division of Transat Distribution Canada Inc. ON Reg. #50015084. BC Reg. #23567. Head Office: 191 The West Mall, Suite 700, Etobicoke, ON, M9C 5K8. Travel agency fees may apply.

CONSERVATIVE LEADERSHIP RACE

O'Leary posts gun video on day of funeral

Conservative leadership candidate **Kevin O'Leary's** campaign team on Thursday re-circulated a months old **video of him at an American shooting range.** YOUTUBE

Andrew Fifield
Metro | Toronto

Conservative leadership candidate Kevin O'Leary's social media team posted a video of the TV personality firing several guns on the day three victims from the Quebec City mosque shooting were buried.

"Still have my shooting chops from my days as a military cadet at Stanstead College," read the accompanying caption on O'Leary's Facebook page. "Getting up at 5 a.m. was hard but worth it."

Although the short clip, which was filmed at Lock & Load Miami, was posted directly to O'Leary's social media channels Thursday afternoon, it was originally uploaded to YouTube last March where it has been viewed more than 2,000 times.

The video was also uploaded to his Vimeo page for the first time Thursday.

Mourners pray during a funeral ceremony for three of the victims of the deadly shooting at the Quebec Islamic Cultural Centre, in Montreal on Thursday. AFP/GETTY IMAGES

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'We are all Quebecers'

MOSQUE KILLINGS

At funeral for shooting victims, PM urges solidarity

A brutal massacre at a Quebec City mosque has left Canada reeling in shock but also unified the country in solidarity with Muslims, Prime Minister Justin Trudeau said at a funeral service Thursday for three of the six victims.

"It is with a heavy heart that we come together this afternoon to grieve the loss of these innocent lives," he told the solemn crowd. "But as a community and as a country, together we will rise from this darkness stronger and more unified than ever before — that is who we are."

Abdelkrim Hassane, Khaled Belkacemi and Aboubaker Thabti were devoted fathers who worked hard to ensure their families had a bright future, a dream Canadians across the country have known and shared for generations, Trudeau said.

Several thousand mourners packed the Maurice-Richard Arena to pay their respects to the three men, whose caskets were draped in wreaths and the flags of their homelands.

Thabti, 44, was a pharmacist of Tunisian origin who had three children; Belkacemi, a 60-year-old father of two, was from Algeria and was a professor at Universite Laval; and Hassane, 41, was from Algeria. He was a father of three and worked in information technology for the provincial government.

There were also prayers at the service for the three other victims: Azzeddine Soufiane, Mamadou Tanou Barry and Ibrahima Barry.

All six were fathers, "like me, like us," said Quebec Premier Philippe Couillard. "They were sons and brothers and uncles, like me, like us. Friends, coworkers, like us. They were us. They were loved, appreciated, respected, and they always will be. We won't forget them.

"I want to tell Muslim Quebecers: you're at home here, we are all Quebecers," he said to thunderous applause and cheers.

The support shown in the wake of the shooting shows "the Quebecois community is a unified community," said Mohamed Yangui, president of the Islamic Centre of Quebec, the targeted mosque. But the tragedy has also highlighted the need for greater understanding of Muslims around the world, he said.

"They must understand that we as Muslims, as moderate Muslims, we are not terrorists," he said. THE CANADIAN PRESS

IN BRIEF

Leitch's campaign manager resigns

Nick Kouvalis, the campaign manager for Kellie Leitch, has resigned, calling himself a "distraction to the campaign."

"When a member of a campaign team becomes the focus of media coverage, the time comes to resign," Kouvalis said in a Facebook post.

Kouvalis recently made headlines for calling a political science professor a "cuck," the short form for cuckold. TORSTAR NEWS SERVICE

A protester holds a sign during an anti-Trump rally in downtown Miami on Jan. 31. Miami-Dade County Mayor Carlos Gimenez issued a controversial order last week saying that Miami-Dade is not functioning as a sanctuary city. THE ASSOCIATED PRESS

REFUGEES

Trump 'unbelievably disappointed' in Aussie deal

The White House deepened its condemnation of an Obama administration refugee deal with Australia Thursday, saying President Donald Trump was "unbelievably disappointed" in the agreement.

Asked whether the deal would continue, Trump said, "We'll see what happens." However, Australian Prime Minister Malcolm Turnbull told Australians that the American president has committed to following through with the agreement to allow mostly Muslim refugees to resettle in the United States.

The agreement was a source of friction during a recent phone call between Trump and Turnbull, according to an administration official. The call ended after less than 30 minutes, well earlier than scheduled, though the official disputed reports that Trump hung up on the prime minister. The U.S. official was not authorized to publicly discuss the conversation and spoke on condition of anonymity.

The Obama administration agreed to resettle refugees from among about 1,600 asylum-seekers, most of whom are on island camps on the Pacific nations of Nauru and Papua New Guinea. Australia has refused to accept them and instead pays for them to be housed on the impoverished islands.

The White House suggested Thursday that the agreement would continue, with spokesman Sean Spicer saying any of the refugees who come to the United States would undergo "extreme vetting," but provided no details. He blasted the Obama administration for striking the agreement in the first place, saying the new president was "extremely upset" to have inherited the deal.

Trump, appearing moments later an event with Harley-Davidson executives, said that he has to "respect" actions of the previous administration. "But you can also say, 'Why are we doing this?'" he said. THE ASSOCIATED PRESS

U.S. split over Sanctuary Cities

GOVERNMENT

Executive order threatens funds for sanctuary cities

Donald Trump's promised crackdown on "sanctuary cities" has revealed the deep divide on immigration in liberal and conservative states, with some moving to follow his order and others breaking with the U.S. government to protect immigrants in the country illegally.

In Texas, Republican lawmakers pushed to deny money to cities with the policies on Thursday as demonstrators disrupted a hearing several times. Another U.S.-Mexico border state, California, is moving in the opposite direction by advancing a statewide sanctuary that would prohibit law enforcement in the nation's most populated state from cooperating with federal immigration authorities.

Trump's recent executive orders threatening to withhold federal funding from communities with sanctuary policies and calling for a border wall have produced widespread protests and fears that more immigration restrictions are in the future. The president's supporters have hailed the efforts.

Cities have mostly taken up sanctuary laws. There's no official definition, but often they tell police not to inquire about the immigration status of those they arrest or they decline requests from immigration officials to keep defendants in custody while they await deportation.

Phoenix leaders will consider a petition next month to adopt the policies.

On the state level, California would not be the first to block police from enforcing federal immigration law. Oregon pioneered statewide sanctuary in 1987, when immigrant workers and their families were sometimes housed in appalling conditions despite their importance to agricultural profits.

Oregon Gov. Kate Brown said she will enforce the law that prohibits police from detaining people who are in the U.S. illegally but have not broken other laws. She ordered all state agencies, not just law enforcement, on Thursday to follow the policy.

"They mow our lawns. They pick our grapes," Brown said last week. "They take care of our children and they take care of our seniors, and I want to make sure they feel welcome in Oregon." THE ASSOCIATED PRESS

TRAVEL BAN

Yemenis close shops in protest

Hundreds of ethnic Yemeni business owners who operate New York City corner bodegas and neighbourhood delis closed shop Thursday in protest of President Donald Trump's travel ban on people from seven Muslim-majority countries.

The shops were locked at noon and were to remain shuttered until 8 p.m., according to organizers of a late afternoon rally in downtown Brooklyn. At least 1,000 Yemeni-run small businesses are a part of many New Yorkers' daily lives, said Brooklyn Borough President Eric Adams, who planned to attend the rally.

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WAGE LOVE! A special edition

Weekend, February 3-5, 2017

VICKY MOCHAMA ON LOVE AND APOLOGIES

Many more apologies are owed. The Muslim community in Canada has been treated appallingly. A peaceful, kind and diverse community has been treated as a pawn in a craven political strategy.

On Wednesday, Joël Lightbound, Liberal MP for Louis-Hébert, apologized to the families of the six men murdered in Quebec and to the Muslim community in Canada. "For the past few years, I have observed their ostracization and their stigmatization; having seen root in the hearts of my fellow men, fear, mistrust and hatred," he said. "I have done my best to answer them, but I have not done enough."

Many more apologies are owed. The Muslim community in Canada has been treated appallingly. A peaceful, kind and diverse community has been treated as a pawn in a craven political strategy, and their faithful citizenship has been rewarded with a cruel lack of loyalty.

During the 2015 federal election, the Conservative leadership used Muslims as a ploy for getting votes. Then-Prime Minister Stephen Harper repeatedly said that a majority of Canadians supported his government's ban on women wearing face-coverings like the niqab during citizenship ceremonies. When a Federal Court of Appeals struck down the ban, the Harper campaign vowed that if re-elected, they would introduce legislation that prohibited the niqab during the ceremonies.

Stephen Harper, then the leader of the nation and his party, owes the Muslim community an apology. He must especially ask the pardon of Muslim women: He used his platform to cheapen their desire to be citizens of this country, and to delegitimize their presence here.

That strain of calculated Islamophobia didn't go away with the party's electoral loss. No, it has instead resurfaced in a more diffuse and dangerous way. The Islamophobia that has been bubbling up since 9/11 has resulted in a twofold increase in hate crimes against Muslims from 2013 to 2016.

SAY YOU'RE SORRY The media, a former prime minister, a current Conservative candidate and the Rebel's Ezra Levant all owe Canadian Muslims an apology, Vicky Mochama writes. CLOCKWISE FROM TOP LEFT: LIAM RICHARDS/THE CANADIAN PRESS, TWITTER, VIDEO SCREENCAP, JEFF MCINTOSH/THE CANADIAN PRESS

Perhaps it is that violent streak that has emboldened so many. Instead of backing down from dog-whistle politics, so many public figures have embraced it.

Having cried tears after her promotion of the Barbaric Cultural Practices Act, Kellie Leitch is now running for leader of the Conservative party on a platform of "Canadian values" – a vague notion that is transparent in its dog-whistling. A competitor, Steven Blaney, has made banning the niqab for public service employees a central piece of his platform. The right-wing media site, The Rebel, and its main personalities (Ezra Levant, Faith Goldy, Lauren Southern, to name a few) have made dangerous sport of Canada's Muslims. The media, too, owes Muslims an apology.

Moreover, a troubling pattern of only speaking to Muslim life when it relates to incidents of terrorism has emerged. In the most recent egregious instance of conflating Islam with terrorism, the Canadian Press published a story about a "report" that claimed mosques were hotbeds for terror. Except the authors had done little research besides walk around mosques.

In this moment of grief, the press, politicians, and public personalities should, like Lightbound, seek the forgiveness of the nation's Muslim communities. The public too is entirely culpable; allowing leaders to capitalize on fears of danger only creates a more dangerous world.

As I watched the funeral of three of the murdered North African Muslim men in Montreal on Thursday, I was struck by many moments, but specifically, by one call-and-response: "Vive Le Quebec. Vive Le Canada."

Even in sorrow, the community embraced those places that had not equally embraced them. For that, we all owe an apology.

ROSEMARY WESTWOOD

Love is the only way we can fight the rise of a hateful president

Just call him Donald J. Trump, purveyor of love. A man who's quick to note how much he loves "the poorly educated," "Israel and the Jewish people," "Hispanics," "the coal miners," and, of course, America (circa the time when it was "great").

As for the love he's inspired in his supporters, some of it was courted, including from anti-abortion activists and evangelical voters who will love his Supreme Court nominee, Neil Gorsuch; and from those thrilled by his executive order on immigration, which relates to his promise to institute a Muslim ban; and from Wall Street, where hearts no doubt swelled at his promised dismantling of Dodd-Frank (the act instituted post-2008 to prevent a similar economic collapse by restricting risky lending by banks).

But Trump's also the founder of a new, national (even international) love-in he did not seek, and which he no doubt finds irritating: The motto Love Trumps Hate, which found a second wind as the de facto operating procedure of the left.

Love, in America, is trumping Trump's presidency. Those who came out in historic numbers for the Women's March, for example, proved that unattractive pink hats have actually no impact on the seriousness or longevity of a movement's activism. All that love for a variety of marginalized groups, expressed in hundreds of marches, has fuelled organized phone-call campaigns to pressure senators to stop the confirmation of Trump's cabinet picks. And in a new poll, 40 per cent of Democratic women say they are committed to being more politically active (just 27 per cent of Democratic men).

Protesters who've swarmed U.S. airports showing love for refugees and immigrants have forced Trump's administration to walk back some aspects of his executive order, and led to the heartwarming image of Jewish and Muslim families protesting side by side, with one child holding an actual "love" sign.

Arguing that it is women, in particular, who are trumping Trump's presidency, journalist Rebecca Traister wrote, "It takes a Villain" to unify and galvanize the left. But it also takes love. Love is how you know what to fight for. Love is what you seek when you stand with others and stand up for your beliefs. Love is the antidote of fear. It is sustenance for any resistance. This is not a revelation: It's been learned by people in dangerous times for centuries.

Still, love gets a rather gushy rap. In masculine cultures, it's been demoted to the feminine, deemed flimsy and passive, a beta emotion, a feeling without much muscle, or strength. But its power is now on full display in the U.S., thanks to the new president. And love poses the biggest threat to his administration.

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When the camera never lies

Hollywood is gearing up for one of the most outspoken Academy Awards ceremonies in living memory. No matter how vociferous and viral Meryl Streep and Co. are likely to be, the real seeds of change are to be found in the best documentary category. This year's list includes blistering explorations of America's relationship with race — 13th and I Am Not Your Negro — as well as Fire At Sea, Gianfranco Rosi's visceral chronicling of the migrant crisis in the Mediterranean. "Documentaries are the first line of education," said Steven Spielberg. Here are five documentaries that educated and, ultimately, made a difference in the world: **JOE CALLAGHAN** METRO

Blackfish

The death of an orca kept in captivity for 33 years made global headline news last month because this wasn't just any orca. The story of Tilikum, his involvement in the deaths of three individuals and the culture of capturing and breeding killer whales at Seaworld and elsewhere changed the aquarium/animal theme park industry worldwide. As Gabriela Cowperthwaite's documentary was given fresh impetus on Netflix, SeaWorld announced last year that it will end breeding, training and performing in favor of a conservation programs.

AND ANOTHER THAT SHOULDN'T BE MISSED

Sharkwater's impact still being felt

While the thoughts of many Canadians are with missing diver Rob Stewart's family this week (rescue efforts were still underway as of press time Thursday), we would be remiss not to include his film on this list. Stewart's ground-breaking 2006 documentary **Sharkwater** is widely seen as one of the most pivotal pieces of conservation filmmaking ever produced. The myth-destroying work led to the creation of a raft of new conservation measures and directly led to shark finning being banned almost worldwide six years later.

The Thin Blue Line

While the wild popularity of Making A Murderer reignited fascination in true crime TV, the original trailblazer came on the big screen in the late '80s. Filmmaker Errol Morris set out to convince the world that Randall Adams had been framed and wrongly sent to death row for a murder he didn't commit. Thanks to the director's pioneering interview style and painstaking reenactments, he achieved his goal. Adams was freed and exonerated after the doc's release.

Super Size Me

Did any image put you off a Big Mac quicker than Morgan Spurlock spewing out his car window after one Happy Meal too many? The creator's cholesterol-tastic month on the Mc-Diet ended with him having heart palpitations but gave the fast food industry even more of a scare. Just six weeks after release, McDonald's discontinued the Super Size option and began a roll-out of healthier items. The fight against obesity goes on but Spurlock made us all a little more Mc-wary.

Why We Fight

If Leni Riefenstahl's 1935 Nazi propaganda masterpiece Triumph of Will helped Hitler's wave of German nationalism rise all the way into World War II, Why We Fight turned the tide of the conflict. The seven-part series, largely helmed by Frank Capra, convinced Americans of the importance of their country's belated involvement in the war, winning an Oscar along the way.

Bowling For Columbine

Michael Moore's devastating delve into the country's unquestioning marriage to the gun was a starting point for the era of the American Idiot, as the U.S.'s global reputation took a nosedive. Moore was awarded an Oscar mere nights after George Bush had signalled the beginning of the invasion of Iraq, being booed from the stage as he blasted the doomed effort.

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Understanding the confusion we're in

INTERVIEW

I Am Not Your Negro gives fresh voice to James Baldwin

The key to the production of I Am Not Your Negro came when director Raoul Peck was given an unfinished copy of Remember This House, the book James Baldwin (right) was working on at the time of his death in which he was stitching together reflections on assassinated civil rights leaders Macolm X (left) and Martin Luther King Jr (centre) as well as Medgar Evers. SUPPLIED

One of the surest ways to see the power and relevance of James Baldwin's words today would be to look at some of the signs of recent protesters. "If I love you I must make you conscious of things you do not see," read one. "The only way to be really despicable is to be contemptuous of other people's pain," read another.

Or you could see Raoul Peck's urgent and clarion documentary I Am Not Your Negro. It resurrects Baldwin's words — his eloquent poetry of injustice — with the same fire with which they were blazed. Peck's film, which is nominated for best documentary at the Academy Awards, bears no talking heads. There's no analysis of Baldwin's influence in literature or interpretation of his politics. But there is his voice: clear, direct and piercingly prescient.

"I wanted the confrontation to be direct from his words, to the audience," Peck, who shares his screenwriting credit with Baldwin, said. "I was the messenger."

It took Peck, the Haitian-born filmmaker of Sometimes in April, years to find the right avenue into Baldwin for I Am Not Your Negro, which opens in theatres Friday. A great responsibility hung over the decade-long endeavour, Peck says, to bring Baldwin to the forefront.

"I read Baldwin as a teenager and his writing never left me," said Peck. "His writing structured the man I am today and the filmmaker I am today. I wanted to make sure the next generation had access to Baldwin."

Peck was welcomed by Baldwin's estate, which is managed by Baldwin's younger sister, Gloria Karefa-Smart. But the key to the film only emerged when Karefa-Smart gave Peck the pages of Remember This House, which Baldwin completed 30 pages of before his death in 1987 at age 63. The unfinished book was intended to stitch together reflections on three assassinated civil rights leaders: Malcolm X, Martin Luther King Jr. and Medgar Evers.

But I Am Not Your Negro isn't a time capsule. It's about today. Peck juxtaposes Baldwin's words with images of police brutality, the Black Lives Matter movement and other recent events. Other images flicker at times — John Wayne and Doris Day — that question the white picture of America promoted by Hollywood.

As he toiled, Peck found his film increasingly timely, a relevance that has only increased since the election. When the Ferguson protests grew, he sent a crew to document it.

"I knew how fundamental Baldwin's words were and I knew they were important to understand the confusion we were in," said Peck. "What I did not expect is that it would become so obvious and I would have so many examples and illustrations of what I was working on."

Aisha Karefa-Smart, Baldwin's niece, says Peck's film, which includes excerpts from the FBI's extensive file on Baldwin, was revelatory. "It made me understand my family more in terms of the hushed tones that people spoke in and the unspoken fears that permeated the household."

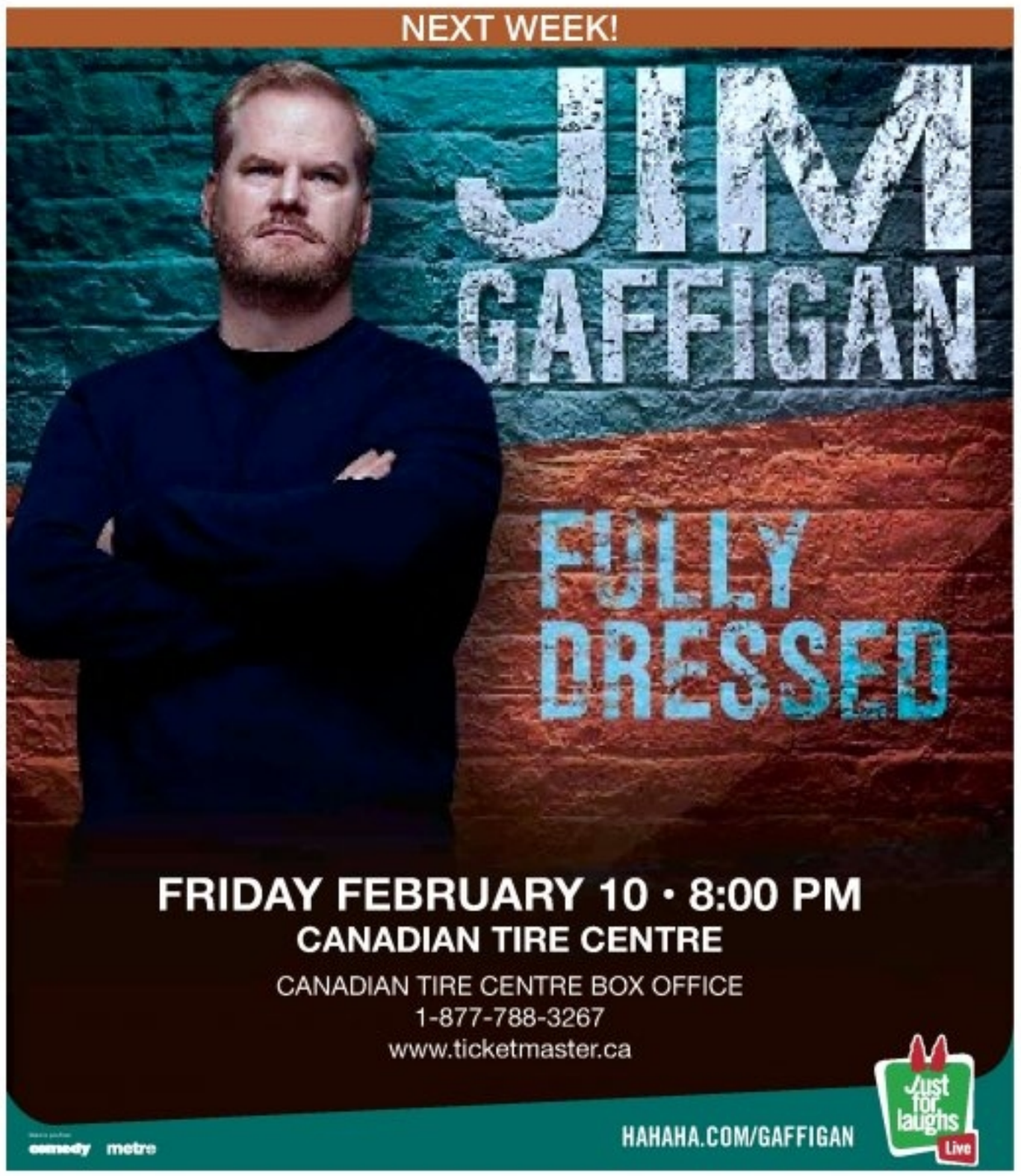
Baldwin is now widely taught in universities. The Library of America has published his essays, and stories with introductions from Toni Morrison. The James Baldwin Review was begun in 2015. When Chris Rock spoke at a Harlem church on Martin Luther King Day last year, shortly after a second-straight year of all-white acting nominees to the Oscars, he read My Dungeon Shook, Baldwin's letter to his nephew.

What many respond to in Baldwin is his searing directness, his willingness to confront the deep-seated ills of America. "The country's image of the Negro, which hasn't very much to do with the Negro, has never failed to reflect with a kind of frightening accuracy the state of mind of the country," he wrote in Nobody Knows My Name.

Peck believes his film is an intimate one intended to provoke the kind of personal inquiry demanded by Baldwin, who warned against "purposeful blindness."

"You cannot, whether you are white or black or Latino or whoever, you cannot come out of this film an innocent person," says Peck. "You know. You know all you need to know in order to face it, to react, to do something or not. As far as Baldwin is concerned, you have no excuse anymore. The elements, as he would say, are all on the table."

THE ASSOCIATED PRESS



Are you afraid of the...toaster?

IN FOCUS

A look at how inanimate objects in film can terrify us

Richard Crouse
For Metro Canada

Rings revisits the popular movie series about a deadly, mysterious videotape. HANDOUT

Years ago I interviewed Kōji Suzuki, author of the novels that spawned the Ring movies, manga comics and television shows. Ringu, the first book in the series, was published in 1991 and introduced us to the idea of a videotape (remember those?) that killed people seven days after they watched it.

The book and the movie were sensations, but in the interview Suzuki told me something really interesting. It's hard to imagine the Ring movies without the spooky, grainy videotape images, but the writer let it slip that VHS tapes weren't his first choice as a conduit of evil.

What was?

A haunted toaster. Good sense prevailed and he went with another commonplace object, one that almost everyone in the nineties had at least a passing familiarity with.

This weekend, Rings revisits the horrors of the original novel and films as a young guy decides to explore the urban legend of the deadly mysterious videotape. When his girlfriend sacrifices everything to save him, a shocking discovery is made — there's a movie within the movie!

Suzuki made videotapes the spookiest inanimate horror object ever, but they're not the only ones.

We can all imagine the fear that comes along with being chased by a werewolf. Or waking up to find Dracula staring down at you.

They are living, breathing (or in Drac's case, dead and not so breathing, but you get the idea) embodiments of evil. But how about inorganic objects? Have you ever been terrified of a lamp? Or creeped out by a tire?

There have been loads of haunted houses in the movies. In most of them, however, the house is merely a vessel for a spirit or some unseen entity that makes its presence know by making the walls bleed or randomly slamming doors. Rarer is the house that is actually evil.

Stephen King wrote about a house that eats people in the third installment of his Dark Tower series. On screen Robert Zemeckis and Steven Spielberg visualized the idea in the appropriately titled Monster House.

In that animated movie three teens figure out the house across the street is a man-eating monster.

By the time they got around to the fourth installment of the most famous haunted house series, the Amityville Horror, filmmakers had to figure out a new plotline apart from the tired "new owners move in to the house, get freaked out leave," storyline. In The Amityville Horror: The Evil Escapes, a cursed lamp causes all sorts of trouble when it is shipped from the evil Long Island house to a Californian mansion.

Much weirder is Rubber, the story of a killer tire (yes, you read that right) with psychokinetic powers — think Carrie with treads — who terrorizes the American southwest.

It's an absurdist tract on how and why we watch movies, what entertainment is and the movie business, among other things.

But frankly, mostly it's about a tire rolling around the desert and while there is something kind of hypnotic about watching the tire on its murderous journey — think Natural Born Killers but round and rubbery — that doesn't mean Rubber is a good movie.

Finally, think bed bugs are bad? How about a hungry bed? The title of this one sums it up: Death Bed: The Bed that Eats.

MOVIE RATINGS by Richard Crouse

Rings	★
The Space Between Us	★★
The Comedian	★★

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★★★ WORTHWHILE
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Miami's Little Havana placed on list of 'national treasures' in U.S.

When you'd rather stay home

Recent events south of the border — including the travel bans implemented by the Trump administration — have a number of Canadians re-thinking their travel plans. If you would rather keep your dollars north of the 49th parallel, here are some dynamic Canadian substitutes for well-known American destinations. **LOREN CHRISTIE/FOR METRO** ALL PHOTOS ISTOCK

U.S. location: San Francisco
Our equivalent: Vancouver
What you may miss in architectural charm you'll get back in spades from Vancouver's incredible natural beauty. While both of these temperate west-coast cities have vibrant Chinese communities with some of the best options for dim sum I've ever had, Vancouver's Granville Island is more charming than San Fran's overly touristy Fisherman's Wharf area.

U.S. location: Chicago
Our equivalent: Toronto
Toronto offers similar attractions to its sister lakefront city; an amazing aquarium, great sports teams and world-class museums, like the Aga Khan Museum of Islamic art and Muslim culture. While both cities offer distinct neighbourhoods for exploring, Toronto's renowned ethnic diversity allows for a wider variety of cultural experiences.

U.S. location: Washington
Our equivalent: Ottawa
Cancel that DC Trump hotel reservation and book at the Chateau Laurier, named after a Canadian prime minister well known for his policies of conciliation. Although many of the Smithsonian museums are free, so are several of our national museums provided you visit during certain times. With a slate of events planned all year long, this is the time to visit our capital.

U.S. location: New Orleans
Our equivalent: Quebec City
Offering distinctive architecture and French cultural heritage, Quebec edges out New Orleans for the title of the most European city in North America. Although Quebec City may not have the jazz scene that its southern sister does, the Quebec City Summer Festival running from July 6 through 16, 2017 will bring world class music to the La Vieille Capitale.

U.S. location: Boston
Our equivalent: Halifax
These coastal cities have long histories welcoming immigrants who laid the foundations of their countries. While Boston's historic North End is the spot for great Italian fare, Halifax's North End has become the city's most eclectic neighbourhood with a slew of hip eateries and bars. Forget the New England clam chowder and have a Nova Scotia lobster roll.

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Walking in the footsteps of dinosaurs

TUMBLER RIDGE

B.C. had plenty of big beasts back in the day

Vawn Himmelsbach
For Torstar News Service

It's dusk, which in northern B.C. during the summertime means close to 10 p.m. We're hiking along a narrow path in the darkened woods, finding our way with headlamps.

As we approach the Wolverine River, our guide stops to examine a tree stump where an animal — a rather large animal — has been rooting around in the dirt.

"There's definitely been a bear here in the last 24 hours," Anthony Moreau-Coulson, a paramedic who volunteers at the Tumbler Ridge Dinosaur Discovery Gallery, says. He observes this matter-of-factly, without a trace of fear.

Indeed, none of the locals seem to concern themselves with bears; they shrug their shoulders and explain that in these parts, the bears are much more afraid of us than we are of them. Except for, perhaps, myself.

So why exactly are we trudging around in the woods late at night? We're dinosaur hunting. Well, track hunting, to be more precise, on a dinosaur footprint tour run by the Dinosaur Discovery Gallery.

Alberta gets all the attention for dinosaurs, but there were dinosaurs in B.C., too. Only three known tyrannosaur trackways have been discovered in the world and all three are in the Peace Region of B.C. It's also home to the only known brontosaur trackway in Canada.

We make our way onto a shelf of rock beside a rushing river, lit by the moon. It's difficult to see fossils during the day, when the sun in shining directly on them. But with low-angled lantern light, shapes start to emerge from the rocks.

And here, on this slab of rock, there are more than 80 fossils. As Moreau-Coulson positions his lantern at a strategic angle, it's easy to make out the footprint of an animal that is a heck of a lot bigger than a bear. This is a theropod footprint, he explains, from 94 million years ago.

It's difficult to see fossils during the day, when the sun in shining directly on them. But with low-angled lantern light, shapes start to emerge in the rocks. TUMBLER RIDGE GLOBAL GEOPARK

Northeastern B.C. was a hot spot for dinosaur activity, but it only gained the attention of the scientific community after dinosaur footprints were discovered in 2000 by two local boys. Now the region is also starting to get the attention of tourists.

In 2015, the region was officially recognized as a UNESCO Global Geopark, thanks to its 97-million-year-old dinosaur footprints and fossils — with more than 40 bone beds and track sites accessible through a network of hiking trails.

Back at the Peace Region Paleontology Research Centre, one of the lead paleontologists takes us through a set of doors with a staff-only sign.

"This is where the magic happens," Lisa Buckley says. She also serves as the centre's curator and collections manager when she's not out on a dig.

Buckley pauses and corrects herself. "Actually, this is where the science happens."

Buckley points out an Ice Age bison skull that's being prepared for display in the Dinosaur Discovery Centre. There's also a mammoth tusk, discovered by workers in a commercial gravel pit near Taylor, B.C. We come across a latex peel stretched across the floor, a replica of a trackway found out in the wild. The real trackway consists of 19 footprints, made by a medium-sized, plant-eating dinosaur; the rest of the trackway is waiting to be unearthed. The latex peel allows researchers to learn more about dinosaur anatomy.

Tumbler Ridge, in the rugged Rockies, was once covered in swampy, coastal forests, which preserved many of these footprints as fossils.

"Even though there's been a lot of technological advances with finding fossils, a lot of the basic techniques haven't changed in over 300 years," Buckley says. "You have to go out and walk areas and physically see them."

Vawn Himmelsbach was hosted by Destination B.C., which didn't review or approve this story.

GETTING THERE

From Vancouver, catch a short flight to Fort St. John in northern B.C. From there, it's a 175-kilometre drive to Tumbler Ridge (rental cars are available at the airport).

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metro SPORTS

Uber and the city of Houston reached a truce Thursday; the car service will run during Super Bowl

Gold standard in coaching

SUPER BOWL

Belichick seen as tough but deeply loyal leader of Pats

He values the team's overall culture ahead of its individual parts.

He rules his team with an iron fist, and yet, instills that team with a sense of family.

He can appear heartless — quick to say "goodbye" to those who no longer fit in — and yet, he is deeply loyal.

He has hard-and-fast ideas about how to run his own team, but is never against learning and adding bits of others' expertise to his own repertoire.

Yes, this is a description of New England coach Bill Belichick, who can set himself apart Sunday by winning a record fifth Super Bowl title as a head coach.

It's also a description of former coaches Chuck Noll of the Steelers and Tom Landry of the Cowboys and Alabama's Nick Saban.

"Xs and Os are the price of admission," says John O'Sullivan, founder of the Changing the Game project, who speaks often about the importance of coaching in society. "But great coaches, the first thing they do is connect. When you connect with people, they'll run through a wall for you."

Belichick, a people person? The same might have been said, or asked, about the most iconic coaches, whose time facing the public usually involves five- and 10-minute segments with the media during which their main goal is to not reveal anything important about their game plan — or much about themselves.

Tom Brady and Bill Belichick embrace after the Patriots won Super Bowl XLIX in February 2015. MATT SLOCUM/THE ASSOCIATED PRESS

The effort — and sometimes, accolades — they get from their players says more.

Terry Bradshaw couldn't stand Noll on their way to winning four Super Bowls with Pittsburgh. Only years later did the Hall of Fame quarterback concede that he benefited from Noll's coaching. "Did I respect him? Of course I did," Bradshaw said last year. "Like him? No, I didn't like him."

A lot has been made this year of New England's decision to part ways with two key cogs in its defence — Chandler Jones in the off-season, then linebacker Jamie Collins, who was (ruthlessly?) traded away to winless Cleveland in October. That defence still allowed the fewest points in the league.

Belichick is hardly the first coach faced with those sorts of choices. In the '70s, Landry spent a season shuffling between Roger Staubach and Craig Morton at quarterback. Eventually, he recognized the Cowboys could only succeed with one of them, and he chose Staubach, while trading Morton to the Giants.

"Sometimes it is unfortunate to have to make such a decision," Landry said at the time. "But it is important to clear the air so there is no speculation on it from week to week."

This year's other Super Bowl coach, Dan Quinn of the Falcons, has discussed his season-long quest to turn his group of players into a "brotherhood."

> **I thought I knew something, and really found out that I was really in a position to learn a lot.**
> Nick Saban, who was Belichick's defensive co-ordinator with the Browns from 1991-94

Belichick will never be confused as warm-and-fuzzy, though maybe Vince Wilfork's tweet after parting with the Patriots in 2014 painted the best picture about the sort of atmosphere the coach has created: "We are always family," Wilfork wrote.

And while great coaches have some hard-and-fast rules about how they want to run their teams, the best of them are always keeping an open mind toward learning.

Famous are the stories of Belichick's willingness to go the extra mile — especially in the film room — from the time he got his first NFL job, as an assistant to Colts coach Ted Marchibroda in 1975.

"The impression he made on colleagues was almost universally favourable — open-minded, incredibly hard-working, absolutely committed to being a little better every day ... a master at using film," wrote David Halberstam in his 2005 profile on Belichick, "The Education of a Coach." THE ASSOCIATED PRESS

ON SUNDAY

NEW ENGLAND (16-2) vs. ATLANTA (13-5)
Sunday, 6:30 p.m. ET, CTV

IN BRIEF

Vlad and Doc get called to Canadian Baseball HOF

Former Expos slugger Vladimir Guerrero and retired Blue Jays ace Roy Halladay are among the 2017 Canadian Baseball Hall of Fame inductees.

Longtime Baseball Canada president Ray Carter and umpire Doug Hudlin will also be enshrined in St. Marys, Ont., later this year.

The Canadian team that won gold at the 2015 Pan American Games will also be inducted. THE CANADIAN PRESS

Cameroon through to Africa Cup final

Cameroon is through to the Africa Cup of Nations final after beating Ghana 2-0 in the second semifinal on Thursday.

Cameroon will play in its sixth Africa Cup final but first since 2008. It will face record seven-time champion Egypt on Sunday. THE ASSOCIATED PRESS

NHL to meet over Olympic inclusion, source says

Two people familiar with the gathering say key decision-makers are meeting Friday regarding the NHL's participation in the 2018 Olympics in South Korea.

A person, who spoke Thursday to The Associated Press on condition of anonymity, says the International Olympic Committee and International Ice Hockey Federation requested the meeting. THE ASSOCIATED PRESS

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MAKE IT TONIGHT

Golden Grilled cheese with Garlic Apples

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The addition of sweet apples softened in butter and kissed with garlic make this humble grilled cheese a sandwich slam dunk.

Ready in 20 minutes
Prep time: 10 minutes
Cook time: 10 minutes
Serves 2

Ingredients
- 1 Tbsp butter
- 1 clove garlic, grated
- 1 Gala apple, peeled and thinly sliced
- 4 pieces of multi-grain bread
- 1/2 cup crumbled, aged cheddar

Directions

1. In a medium frying pan, melt butter over medium heat. Add garlic and sauté until garlic is translucent, about 2 minutes. Toss in apples and sauté until soft, about 2 to 3 minutes. Remove apples and place on a clean pate.

2. In the same pan, place a slice of bread and then cover the top with the shaved cheddar. Lay slice of apple atop cheese and then cap with the other slice of bread. Cook until the underside becomes a gold brown then flip.

3. Remove from the pan and serve when the cheese melts thoroughly and the top is also a golden brown. Repeat with other two slices of bread..

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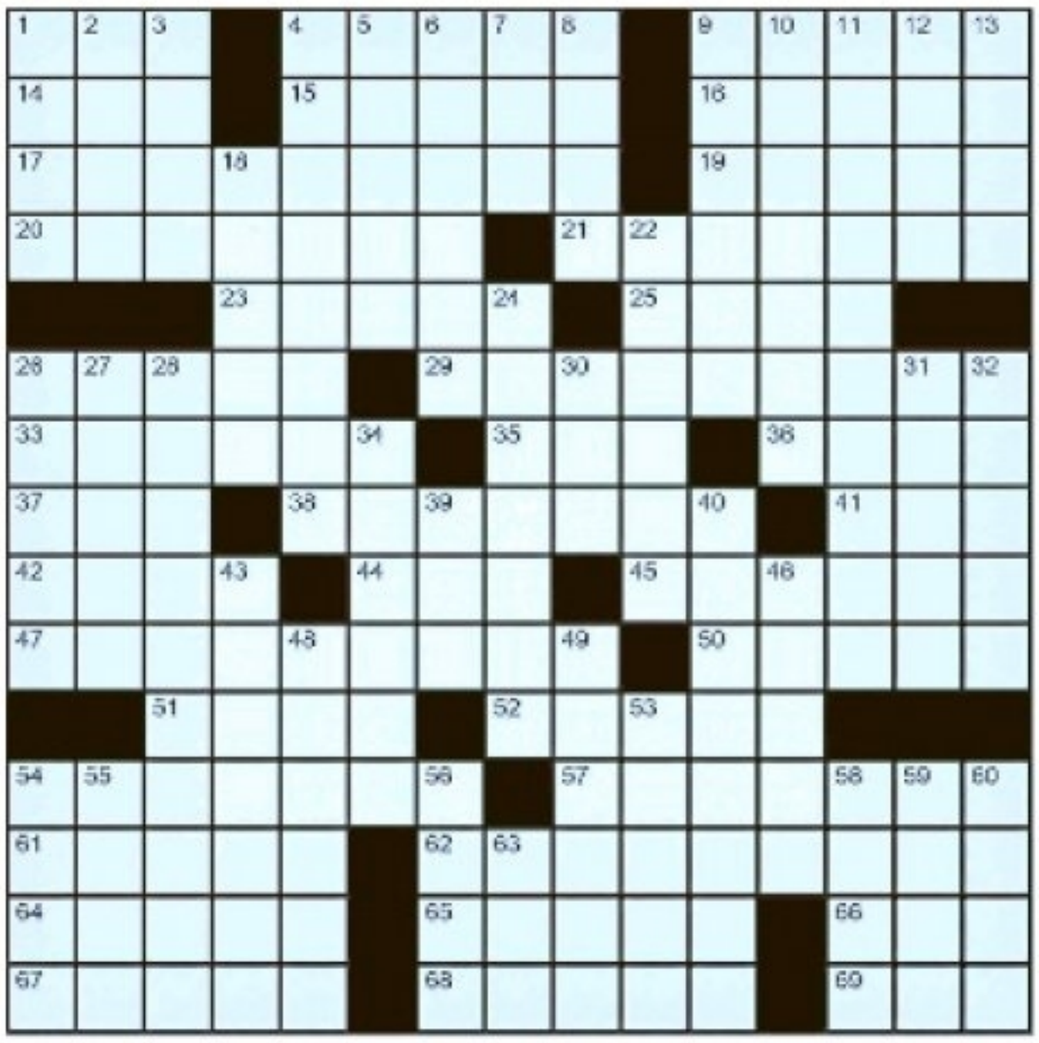
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Title for KFC's Sanders
4. 1917 Russia: Bolshevik Revolution leader Vladimir
9. Casual/noisy pants, for short
14. Stop __ _ dime
15. Sort of skirt
16. Halifax-based energy company
17. Whales that frequent #28-Down
19. "_ _ begin." (It's time we started this meeting)
20. "One of Us" by Joan __
21. Cultivation
23. Soup-server's scooper
25. Sir Coward of plays
26. Spherical
29. Standards measurer
33. How to tackle a problem: 2 wds.
35. Gunk
36. Cut-rate store event
37. "Judging __"
38. Antique purchase, _ _ desk
41. Mr. Bachman
42. Hilarious human
44. Kicker's prop
45. Canadian communications company
47. Do this in a facial to remove flakiness
50. Bull riding show place
51. Sea fluff
52. Snoozed
54. 'M' of RCMP
57. The Young Rascals hit in '67
61. Ms. Lennox of song
62. Existing in the mind only
64. Valuable mine deposits
65. Cyclades island in the Aegean Sea
66. __ up (Absorb)
67. Cheater's date
68. Seven, in Italy
69. Finish

DOWN
1. Salmon of the Pacific Northwest
2. Burden
3. _ and rice (Dog food flavour)
4. Government of Newfoundland & __
5. Antelope of Africa
6. In a fine manner
7. Calligrapher's supply
8. Cozy retreat
9. Yo-Yo Ma's instruments
10. Folded-over frying pan servings
11. Struck back
12. Shoppers Mart link
13. Mailing request, commonly
18. Maneuvered the gondola, say
22. _ carpets
24. New arrivals in the aerie
26. Chicago airport
27. Song's disco-y version
28. Where the world's highest recorded tides are situated, between New Brunswick and Nova Scotia: 3 wds.
30. Deteriorate
31. County in Ireland
32. Ashton Kutcher TV role
34. Guess Who tune: 2 wds.
39. Ms. Michele
40. Marine mammal on a mission?
43. Canada's two dollar coins
46. Boarded the bus: 2 wds.
48. Most recent
49. Jazz music siblings, Les & Larry __
53. Grain fungus
54. Retro milkshake
55. _ _ about (Circa)
56. Chips go-withs
58. Bouquet holder
59. Laundry room appliance
60. Big Apple force [acronym]
63. Ms. West

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next several months, you will be looking good. This is an excellent time to buy wardrobe treasures. Enjoy shopping. (Keep your receipts.)

Taurus April 21 - May 21
Many of you might be involved in a secret love affair for the next several months. You definitely are doing something behind the scenes that pleases you.

Gemini May 22 - June 21
Friendships with creative, artistic people will be important to you this year. In fact, it's a good time to make new friends.

Cancer June 22 - July 23
A romance with a boss might begin for some of you. (This is possible for the next four months.) Meanwhile, others will want your creative advice about things.

Leo July 24 - Aug. 23
Travel for pleasure appeals to you during the next few months. You want a little adventure and a chance to get away for fun!

Virgo Aug. 24 - Sept. 23
Your relationship with romantic partners will be affectionate and cozy during the next few months. This also is a good time to benefit from the wealth and resources of others.

Libra Sept. 24 - Oct. 23
You will improve your relationships with partners and close friends this year, because Venus will be opposite your sign for most of the time until June. This is great news!

Scorpio Oct. 24 - Nov. 22
For the next few months, work on ways to make your workplace feel and look more attractive. Many of you will get a raise or praise as well. Looking good!

Sagittarius Nov. 23 - Dec. 21
This year you'll have lovely romantic possibilities and opportunities. This lovely blessing will last for the next four months.

Capricorn Dec. 22 - Jan. 20
Many of you are involved in redecorating projects at home because you want your place to be more attractive. The next few months also are a great time to entertain at home.

Aquarius Jan. 21 - Feb. 19
Life is good. During the next few months, you will see how much love there is in your daily world. It might amaze you.

Pisces
Feb. 20 - March 20
Look for ways to boost your income during the next few months, because they do exist. (Mind you, you also will be spending money on beautiful things for yourself ones.)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	2			5	4		1	
5				1		4		6
							9	
					9			5
2	8			3			4	1
3			7					
	7							
1		9		7				2
	4		1	8			3	

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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2	9	8	1	4	3	6	5	7
4	6	3	7	2	5	8	1	9
7	1	5	9	8	6	3	2	4
3	5	7	4	6	2	1	9	8
6	8	9	5	7	1	2	4	3
1	2	4	3	9	8	5	7	6
8	4	1	6	5	7	9	3	2
9	3	2	8	1	4	7	6	5
5	7	6	2	3	9	4	8	1

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